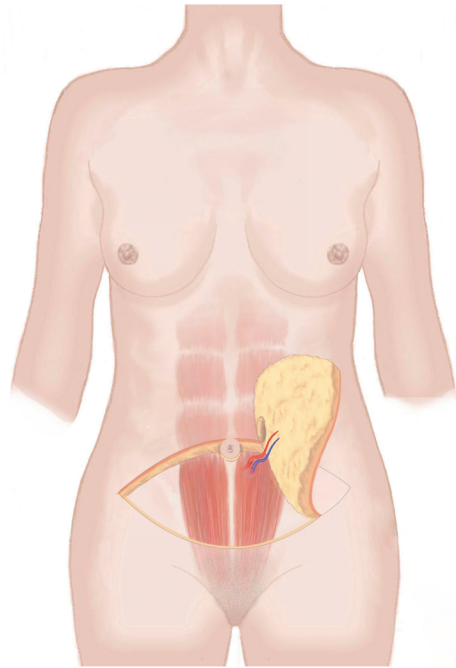


# PLASTIC SURGERY GROUP London

## Breast reconstruction using abdominal tissue (DIEP)

Breast reconstruction using tissue from the lower abdomen is the most commonly used method for “own tissue reconstruction”. The abdominal tissue is very well suited for breast reconstruction and can also be used for reconstruction of both breasts simultaneously. Skin and fatty tissue are removed from the lower abdomen, with its own blood supply, and connected to blood vessels in the chest, using the technique of microsurgery. The abdomen has the same outcome and scars as with a tummy tuck.



## QUESTIONS YOU MAY WANT TO ASK DURING THE CONSULTATION:

- HOW DOES MY BREAST LOOK AFTERWARDS?
- WHEN CAN I RETURN TO MY NORMAL DAILY ROUTINE?
- DOES THE BREAST SIZE CHANGE IF I PUT ON OR LOSE WEIGHT?
- IS THE ONCOLOGICAL FOLLOW-UP COMPROMISED BY THE RECONSTRUCTION?

## INFORMATION ABOUT THE PROCEDURE:

Duration of case: 3 hours

General Anaesthesia required

Post-operative recovery approximately 3-4 weeks

No physical activity/sport for approximately 6-8 weeks