

## **Liposuction**

The liposuction procedure involves the use of fine instruments (or cannula) to suck up any accumulation of fat in order to harmonize the body silhouette. The cannulae are introduced through very small incisions, and a special solution of fluid is introduced. This fluid is known as the tumescent fluid, and it anaesthetises the region, minimises bleeding and facilitates the process of liposuction. This procedure can be carried out under local anaesthesia under certain circumstances. We commonly use the Microaire device in these procedures.

### **QUESTIONS YOU MAY WANT TO ASK DURING THE CONSULTATION:**

What are the advantages of the MicroAire device?

Am I a suitable candidate for local anaesthesia?

Do I need special garments after the surgery?

### **INFORMATION ABOUT THE PROCEDURE:**

Duration of case: 1.5 hours

General Anaesthesia required

Post-operative recovery approximately 1-7 days

No physical activity/sport for approximately  
6 weeks