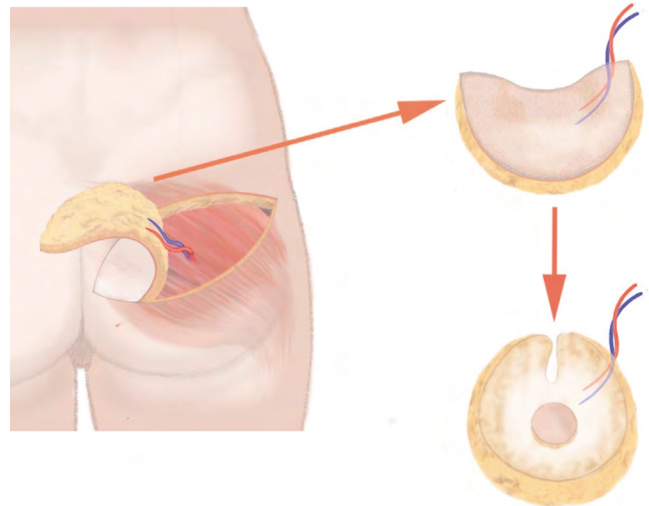


PLASTIC SURGERY GROUP London

Breast reconstruction using tissue from the buttocks (S-GAP flap)

In this technique, the tissue from the upper region of your buttock is utilised for breast reconstruction. This type of reconstruction is usually selected in slim patients and is also suitable for bilateral reconstruction.

This is a very sophisticated technique that involves dissecting the finest vessels, preparation of the vessels under a microscope and combining the blood vessels of the buttock and the chest with microsurgery. The scar on the buttock is located in the upper region, easily hidden by a bikini.



QUESTIONS YOU MAY WANT TO ASK DURING THE CONSULTATION:

- HOW DOES MY BREAST SHAPE EVOLVE AFTERWARDS?
- WHEN CAN I RETURN TO MY NORMAL DAILY ROUTINE?
- HOW LONG WILL I BE RESTRICTED FOR EXERCISES AND SPORT?
- IS THE ONCOLOGICAL FOLLOW-UP AFFECTED BY THE RECONSTRUCTION?

INFORMATION ABOUT THE PROCEDURE:

Duration of case: one side approximately 3.5 hours – both sides approximately 4.5 hours

General Anaesthesia required

Post-operative recovery approximately 3-4 weeks

No physical activity/sport for approximately 4-6 weeks