

Breast Reconstruction using autologous fat tissue transfer (Lipofilling)

Breast reconstruction with lipofilling or fat transfer alone is only suitable for small breasts with good quality overlying skin. This is because there is a limit to the amount of fat that can be introduced to the breasts at any one time, as a percentage of the fat usually degrades. Thus, the procedure is usually repeated several times to achieve the desired volume.

The other benefit of the procedure is that fat is removed from another region of the body through liposuction. This is achieved through very small cuts, which fades with time. The fat that is removed is specially processed and re-introduced into the breasts, through several procedures, until the desired volume is achieved.

QUESTIONS YOU MAY CONSIDER ASKING AT THE CONSULTATION:

What are the complications of the procedure?

How long is it necessary to wait for the second session?

Can I decide where the fat is taken?

Is there a risk that cancer recurs in the breast?

INFORMATION ABOUT THE PROCEDURE:

Duration of case: 1.5 hours

General Anaesthesia required

Post-operative recovery approximately 14 days

No physical activity/sport for approximately
2-3 weeks

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