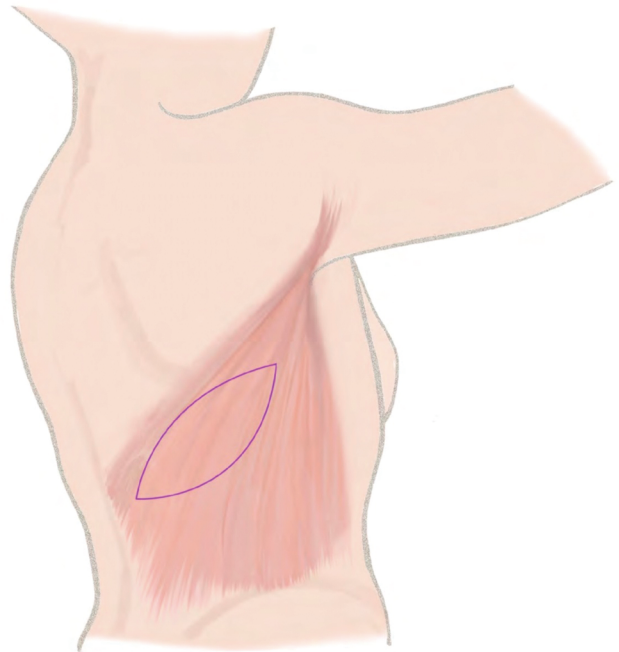


PLASTIC SURGERY GROUP London

Breast Reconstruction using the back muscle (latissimus dorsi flap plastic)

This technique was commonly used for breast reconstruction, but more recently has been surpassed by the previously described techniques. It remains a reconstructive option for special cases. The latissimus dorsi flap involves transferring skin, subcutaneous fat and muscle tissue from the back for breast reconstruction. Often, an implant is required to achieve the desired breast volume. This procedure results in a scar on the back which can be well hidden in the bra line.



QUESTIONS YOU MAY WANT TO ASK DURING THE CONSULTATION:

- HOW DOES MY BREAST LOOK AND FEEL AFTERWARDS?
- WILL MY MOVEMENTS BE RESTRICTED BY THE REMOVAL OF THE MUSCLE?
- HOW LONG WILL THE SCAR BE?
- WILL MY ONCOLOGICAL FOLLOW-UP BE AFFECTED BY THIS TECHNIQUE OF RECONSTRUCTION?

INFORMATION ABOUT THE PROCEDURE:

Duration of case: 2.5 hours

General Anaesthesia required

Post-operative recovery approximately 3-4 weeks

No physical activity/sport for approximately 4-6 weeks