

## **Thigh Lift**

Excess skin on the thighs is a common consequence of significant weight loss and sometimes inevitable with age and gravity. Despite intensive physical activity, there is often no improvement. Thus, the only solution to this is surgical tightening of the thighs. We would discuss with you the options of a thigh lift, through a horizontal or vertical scar or both, on the inner upper thigh.

Frequently, the thigh lift is combined with liposuction to achieve an enhanced and harmonious shape. Following surgery, it is recommended to wear compression garments for more than 6 weeks to achieve an optimal contour.

### **QUESTIONS YOU MAY WANT TO ASK DURING YOUR CONSULTATION:**

Can I combine this surgery with other procedures  
simultaneously?

Will the lymphatic vessels be checked at the  
surgery?

### **INFORMATION ABOUT THE PROCEDURE:**

Duration of case: 2 hours

General Anaesthesia required

Post-operative recovery approximately 5 days

No physical activity/sport for approximately  
4 weeks